



# CARLISLE UNITED FOOTBALL CLUB

Brunton Park, Warwick Road, Carlisle, Cumbria CA1 1LL

Main Switchboard: 03300 945 930

carlisleunitedfc

@officialcufc

enquiries@carlisleunited.co.uk

www.carlisleunited.co.uk

## Job role:

### Assistant First Team Physiotherapist / Sports Therapist (Full Time)

Contract: Full Time / Prepared to work weekends and evenings, when required.

Place of work: Brunton Park, Warwick Road, Carlisle but may on occasions be based at other training venues within Cumbria.

Salary: Competitive salary dependent on experience + Bonuses

Carlisle United Football Club are looking to recruit a highly motivated individual to work with our First Team Management and Players.

Hours will be based around the weekly training schedule and fixtures, but will involve working evenings, weekends and match days so a flexible work approach is required.

### Key responsibilities (but not limited to):

Reporting to the Head Physiotherapist the successful candidate will provide the highest standard of physiotherapy services to the first team players ensuring the delivery of accurate and effective assessments, diagnosis and management of injuries.

- Design and delivery of gym and pitch-based rehabilitation for injured first team players.
- Pre training management of players including strapping and taping and administration of treatment as required.
- Implement injury prevention strategies in conjunction with other medical staff.
- Close liaison with the Head Physiotherapist, Club Doctors, Strength & Conditioning Coaches and other members of the multidisciplinary team to optimise player medical care and performance.
- Delivery of individual and squad-based injury prevention programmes based on screening, past medical history and injury trends.
- Assisting with pre-signing medicals as and when required.
- Assist with pre-season medical and concussion screening of all first team players.
- Implementing strategies to maximise player performance on the football field from a medical perspective.
- Helping to mentor medical department interns and students.
- Arrange consultations with medical personnel and any relevant investigation related to an injury e.g. MRI scan, X-ray appointments and coordinate any other forms of specialist treatments. Accompanying players to appointments as and when required.
- Complete comprehensive, accurate, reliable and confidential medical records for all professional players.
- Provide medical cover for first team training sessions, as well as first team home games and away games as and when required.
- Provide medical cover for reserve games home and away as and when required.
- Assist with submission of weekly doping control schedules ensuring compliance is met at all times.
- Be involved in clinical governance and maintain professional registration.
- Assist with stock checking and ordering of medical supplies and equipment.
- Assist in the packing and organisation of medical kit and equipment for away games.

### Essential qualifications:

- BSc (hons) in Physiotherapy/Sports Therapy/Sports Rehabilitation
- A member of the relevant professional regulating body
- DBS Clearance
- Experience of working within an elite Sporting environment



BE JUST AND FEAR NOT





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- Valid Driving Licence
- Excellent Communication and Organisational skills

## Desirable attributes

- ATMMiF Qualified
- Experience of working within professional football
- Working towards or have MSc in a relevant subject

## Applications

Carlisle United Football Club is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment. This role may involve working with U18's and as such is subject to Enhanced Criminal Records Bureau (CRB) checks. Clearance through the FACRB system is required before any employee may commence employment. As such this post is exempt from the Rehabilitation of Offenders Act (1974) and the postholder applicant must disclose all previous convictions including spent convictions. The Club reserves the right to carry out risk assessments where content has been disclosed on a DBS disclosure if it feels that it is relevant to the job requirements. Failure to satisfy the Club and the EFL's safeguarding requirements may lead to the job offer being withdrawn or, if they have already started employment, summary termination of the employment.

The Club is committed to applying its Equality Policy at all stages of recruitment and selection, and adverts will contain an equal opportunities statement.

Shortlisting, interviewing and selection will always be carried out without regard to age, disability, gender, gender reassignment, marital / civil partnership status, pregnancy / being on maternity leave, race, religion/belief, sexual orientation, or any other legally protected characteristic.

Any candidate with a disability will not be excluded unless the candidate is unable to perform a duty that is intrinsic to the role, having taken into account reasonable adjustments. Reasonable adjustments to the selection process will be made to ensure that no applicant is disadvantaged because of his/her disability.

## How to apply

Please send a covering letter and your CV for the attention of Sarah McKnight, Club Secretary, by email to [Sarah.McKnight@carlisleunited.co.uk](mailto:Sarah.McKnight@carlisleunited.co.uk) or by post to Carlisle United, Brunton Park, Warwick Road, Carlisle CA1 1LL.

Closing date is 22 December 2023